



The Newsletter of David Lawrence Center CENTERED

● THE POWER OF THE MATCH; 24-HOUR ONLINE GIVING CHALLENGE SET FOR FEBRUARY



From the CEO *Scott Burgess*

Matching gifts are highly effective, energizing fundraising tools that savvy donors often utilize to exponentially stretch the capacity of a lead donation. This fundraising season David Lawrence Center has been blessed to have seen the amazing power of this form of giving in several unique instances.

When we held our season kickoff celebration, a valuable donor kick started this fundraising season in a grand way with a generous annual fund challenge gift of \$50,000. This anonymous donor challenged us as a community to join them in their unwavering commitment to our mission and exciting vision whereby they matched \$1 for every \$2

“Matching gifts are highly effective, energizing fundraising tools that multiply your charitable donations.”

– SCOTT BURGESS, PRESIDENT AND CEO

raised by December 31, 2015. We reached out to you and explained how this seed money would help our mission and multiply your charitable donations...and you responded in a big way helping us not only achieve this challenge but to surpass it! We had more individual gifts towards our annual giving campaign for more total donations than last year and we are forever grateful to our matching donor and each of you.

Matching gifts played a big role once again in our fundraising capacity at the Live Life in Color! gala live auction when our Young Executives eagerly announced a \$20,000 match half way through the auction as did another anonymous donor at \$5,000. The results were powerful as we saw more paddles fly.

Now this February, David Lawrence Center is proud to have been selected once again as a partner of Give Where You Live Collier, our region’s amazing 24-hour online giving challenge. This exciting event is organized by the Community Foundation of Collier County and is set to launch at noon on February 29, 2016. During this 24-hour period every gift will be multiplied through a matching fund generously provided by the Richard M. Schulze Family Foundation. The more money our donors help us raise, the larger percentage of the \$400,000 matching fund we will receive. Our goal is to raise \$50,000 during this inspiring, community-wide event. Together, we hope to show off Collier County’s spirit of giving, raise awareness about DLC and celebrate the collective effort it takes to make this region great.

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David Lawrence Center is a not-for-profit, 501(c)(3) organization and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. The Center is funded in part by the State of Florida Department of Children and Families (DCF) and the Department of Housing and Urban Development (HUD), Collier County Department of Housing, Human and Veteran Services, and private donations made through the fundraising efforts of the David Lawrence Foundation.

PROGRAM NEWS

TeleHealth Web-based Counseling Expands

Speaking with a therapist has become easier and more convenient thanks to David Lawrence Center's new and expanded TeleHealth Services. Adults throughout the state of Florida can now access video counseling and coaching sessions with a variety of therapists who have diverse specialties. These sessions are done from the comfort of the client's home or other location of their choice using any computer with an internet connection and video camera. Additional providers have been added with new and expanded appointment time availability including evenings and weekends. DLC's TeleHealth Services launched last year as a pilot program.

Through the DLCTeleHealth.org website clients can get help with anxiety, loss of a loved one, relationships, depression, trauma or other issues related to their



DLCTeleHealth.org

"TeleHealth is an innovative approach to deliver convenient web-based, HIPAA compliant behavioral health services."

— SCOTT BURGESS, PRESIDENT AND CEO

mental health. From the site visitors can access a directory of highly trained providers, schedule face-to-face video counseling session with a therapists, download and upload forms and make payments. Around the clock technical support is also available.

SUCCESS STORY

Deborah reflects on her 60-year life journey with tragic memories and a difficult upbringing. She has endured physical abuse, addiction, health problems, divorce and financial struggles. Despite this devastating, traumatic past, she sings a different tune today – one filled with hope, new found confidence and a deep admiration for her therapist.

"My therapist was patient and helped me explore who I am. I now embrace my gifts and make better choices."

— DEBORAH

Deborah shares, "Growing up I was told I was a confused, damaged child. I always thought I wasn't meant to be born." At 18, she quickly escaped her family, but surrounded herself with people who hurt her and she made poor choices.

When Deborah came to David Lawrence Center she was suicidal and emotionally and financially bankrupt after suffering a stroke while having knee surgery. She was connected with a therapist and a case

manager who helped her obtain stable housing, basic necessities and vocational therapy and advocated on her behalf through a painful foreclosure.

As she began to rebuild, Deborah's abusive husband of 25 years left her penniless to be with one of her friends. Thankfully, she was already engaged in treatment and her therapist helped her through her darkest time.

Deborah adds, "I was so depressed and experienced terrible grief and abandonment issues." After her therapist referred her to the Shelter for Abused Women and Alanon, she began to heal. She adds, "It was the three-legged stool that held me up."

Three years later, she now realizes how far she has come. She adds, "My therapist was patient and helped me explore who I am. I now embrace my gifts and make better choices."



COLLABORATIONS AT WORK

Student Mental Health Awareness Campaign Launched in Collier County Public Schools

A new student mental health awareness campaign called "We Care" was launched in Collier County Public Schools in December 2015 as part of a collaboration between David Lawrence Center, the school system, National Alliance on Mental Illness and the Collier County Sheriff's Office to develop new strategies and initiatives that will assist with prevention, early intervention, treatment and improved care coordination for children with mental health concerns. The group is identifying ways to intervene early and address concerns to improve safety, wellness and student achievement. The collaboration is committed to the health and happiness of our children and is dedicated to addressing the complex needs and challenges of today's youth.

The We Care Campaign is targeted toward middle school and high school students. The goal is to open the dialog about stigma, warning signs of suicide, dating violence, anxiety, depression, substance abuse and cyberbullying as well as provide tips on how to access



help and how to help someone who may be struggling. The campaign launched with an initial video featuring school staff, student leaders and athletes as well as executives from each of the four partners. In January, the first targeted education video about suicide prevention aired and will be followed throughout the remainder of the school year with videos on each of the other subjects. Videos will be played in the schools, on each partner's website and social media platforms, and on the Education Channel.

ISSUES & ANSWERS

About Teen Suicide

Teen suicide is a growing national and local health concern. Nearly 100 young people are lost each week to suicide making it the third-leading cause of death for young people ages 15 to 24. **Each day there are an average of over 5,400 attempts by young people grades 7-12.**

"Admissions to the Children's Crisis Unit have grown 70% since 2012."

Suicidal distress can be caused by psychological, environmental and social factors. Suicide risk-factors vary with age, gender, ethnic group, family dynamics and stressful life events. More than 90 percent of adolescents who die by suicide have risk factors that include depression and other mental disorders and/or substance-abuse disorders.



The risk for suicide frequently occurs in combination with external circumstances that seem to overwhelm at-risk teens who are unable to cope with the challenges of adolescence when exacerbated by mental disorders. Examples of stressors are disciplinary problems, interpersonal losses, family violence, sexual orientation confusion, physical and sexual abuse and being the victim of bullying.

Teen Suicide Warning Signs Can Include:

- Recent Loss
- Fear of Losing Control
- Low Self-esteem
- No Hope for the Future
- Giving Away Prized Possessions
- Feelings of Worthlessness or Guilt
- Change in Eating Habits and Sleep Patterns
- Extreme Personality or Behavior Changes
- Aggressive, Destructive, or Defiant Behavior
- Neglect of Personal Appearance or Hygiene
- Increase in Alcohol or Drug Consumption
- Talking, Writing or Drawing About Their Own Death
- Withdrawing from Family or Friends

If you know a teen who might be showing these warning signs, call the Children's Crisis Unit at 239-455-8500 or the National Suicide Prevention Lifeline at 800-273-TALK.

Source: American Psychological Association

David Lawrence Center SPECIAL EVENTS

LIVE LIFE IN COLOR GALA



The Live Life in Color! Gala was held in January and hosted more than 300 supporters at the beautiful Naples Botanical Garden where guests were welcomed by bright, colorful flower adorned dancers who guided the way into the silent auction and cocktail reception. They later performed a routine as guests entered the tent and sat for dinner. After dinner there was a live auction that raised scholarship funds for four treatment programs: holistic care, art therapy, inpatient and residential treatment and psychiatric medical services. Immediately following guests were captivated by Michael Israel's renowned paint performance set to heart-pounding live music as they watched him splatter, smear, twirl and leap while creating five, six-foot canvases that were auctioned. His top selling piece, a portrait of John Lennon, sold for \$20,000. Afterwards guests danced the night away to live music. The interactive event raised an estimated \$226,000 thanks to the efforts of Co-chairs Polly Keller with Kathy and William O'Neill and honorary Co-chairs Pat and Bill Barton.

OUR SPONSORS

Luminescent Sponsor: Robyn Pfister Griffin, PA, Robin & Pat Stranahan, Arthrex, Naples Daily News

Iridescent Sponsor: Amaza Foundation, Branch, Banking & Trust (BB&T), Brown & Brown/ Florida Blue, Bev and Art Cherry, Cummings & Lockwood LLC, Helen Farace, Galliford-Mulard Foundation, Gulf Coast Construction, Iqbal G. Mamdani and Shelby M. Mamdani Foundation, Inc., Jackie & Roy Cronacher/Rusty Hubbell/ Jenny & Kermit Sutton, Sue Lennane, Stonegate Bank

Auction Bid Paddle: Investors' Security Trust

VIP Reception Sponsor: Jason Stephens - UBS Financial

Décor Sponsor: Carol Williamson

Photo Booth Sponsor: Truly Nolen of America, Inc.

Media Sponsor: Naples Illustrated



ROBYN GRIFFIN, LINDA KOHLHEPP WITH FEMALE DANCERS



ROBIN & PAT STRANAHAN, RENAE & SCOTT BURGESS



JERRY NICHOLS, SUSAN GROSE



POLLY KELLER, SUSAN STIELOW, JASON STEPHENS, LINDA MALONE



SHEILA & DOUG JOHNSON



CINDY & SAM SCALISE



PAT & BILL BARTON



KATHY & BILL O'NEILL



CAROL BOYD, BEVERLY CAMERON, JACKIE CRONACHER, VICKIE NOLAN, NANCY SLATER



SANDI & TOM MORAN

David Lawrence Center SPECIAL EVENTS



SHANNA SHORT, SANDY STONER,
JENNIFER DUMFORD, COLBY ROBERTSON



NADIA KERIC, GUS COBEGA



RYAN JOBE, JOHN BREAUULT

Chip In For DLC Golf Tournament

In October, more than 80 golfers hit the links in support of the Second Annual Chip in for DLC Golf Tournament hosted in conjunction with the DLC Young Executives. The tournament was hosted at the Marco Island Marriott Golf Resort Rookery Course and included a \$100,000 hole-in-one and other contests, an awards dinner and a silent auction. The tournament was sponsored by Credible, PK Studios, Naples Daily News, Gates Construction, Enterprise, Gulf Coast Construction, JR Evans Engineering, Regions Bank, Clean Naples, Deangelis Diamond Construction and the Arlington. The event raised \$15,000.



LARRY RAY, JIM WARNKEN



BRUCE MCANDREWS, JERRY BENNETT



ROB EDWARDS, SCOTT BURGESS



SUDHIR BAJAJ, LAUREN PALOWITZ, CANDICE MCCUE, RICK LOCASTRO,
SHAWN BLAKELY



KELLY GREGORY, AMY GREGORY,
SAMANTHA BRANDA



AUSTIN HATTON, ALEXIS WEBSTER,
ASHLEY KIME, MATHEW KRITIS



KELSEY HAZZARD, IRENE ZAMORA,
MARIAH CASTRO

Young Executives Holiday Bash

Close to 70 people attended the Young Executives Sixth Annual signature event, the "2015 Holiday Bash," formerly the "Gulf Ball" in December. Guests enjoyed an island getaway atmosphere at Jack's River Bar while listening to live music by Jack Dillman. The evening of fun, fellowship, and friend-raising featured a "Giving Tree" and silent auction. The Holiday Bash was sponsored by Cummings & Lockwood LLC, Seacrest Country Day School, Hill Barth & King LLC, and Advocate Home Care Services. The event raised \$4,200.



AJ KRAUSE, AMANDA MILLER



SARA & STEVEN
IANNACONE



ALEXANDRA DEANE, JASON
SCHWARTZ, SHANNA SHORT,
NOEL DAVIES



ROB & KATE EDWARDS

SAVE THE DATE

J. MCLAUGHLIN SIP AND SHOP FEBRUARY 19, 2016

J McLaughlin's at Venetian Village will once again give a 15% donation from their sales to DLC. Don't miss out on this great opportunity to peruse their classic, but contemporary American sportswear and accessories while benefitting the DLC mission. Stop by from 1:00 - 5:00 p.m. and enjoy refreshments and shopping for a purpose while shopping their new resort line or cold weather sales.



SOUND MINDS MUSIC FESTIVAL & MENTAL HEALTH SYMPOSIUM APRIL 1 & 2, 2016

Co-chairs and DLC board members Russell Budd and L. Patt Schneider, PhD invite you to join us this Spring at the Naples Botanical Garden for the 2nd Annual Sound Minds™ music festival and mental health symposium, held in partnership with IMHRO and our education partner Naples Children and Education Foundation. The symposium will highlight the topic of mental health and the caretaker by national and local mental health advocates including:

Linea and Cinda Johnson: This mother and daughter duo who co-authored *Perfect Chaos: A Daughter's Journey*

to *Survive Bipolar and a Mother's Struggle to Save Her*, will share their story of Linea's struggle through the diagnosis, treatment and acceptance of bipolar disorder and Cinda and her families' pain, love and pride for their daughter in this fierce fight.



CINDA & LINEA JOHNSON

Russell Budd: This well-known local business owner, father, mental health advocate and caretaker will share his personal journey to save his son from the darkness and despair of severe depression and near suicide through the use of ECT, unwavering love and never giving up.



RUSSELL BUDD

Immediately following the symposium will be a wine tasting, meet the speaker's reception and live music in the garden. The exclusive VIP wine dinner will be held the evening before at the Von Liebig Art Center and will feature harmonious couplings of Staglin Family Vineyard wines.

All inclusive VIP tickets are \$425; Dinner Only is \$300; Symposium, Concert, and Wine and Cheese Reception is \$125; and the Symposium only is free to the public.

For sponsorship or ticket information, visit DavidLawrenceCenter.org or call (239) 304-3505.

Grant News

Grant Funds New Children's Inpatient Wellness Program

Children on the Crisis Stabilization Unit will now benefit from the addition of wellness services while in our care thanks to a \$10,000 grant provided by Ronald McDonald House Charities of Southwest Florida.

With this generous gift the Center will fund the new Children's Outdoor Recreational Therapy Program. The funds will be used to install a multi-purpose child/adolescent sized sport fitness court and launch a formal physical fitness program.

"The goals for this program very much aligned with Ronald McDonald House's mission to help ensure strong minds, strong bodies and safe, supportive places for children to grow."

— MARY ANN GUERRA, DIRECTOR OF ACUTE CARE AND EMERGENCY SERVICES

Children and adolescent clients on the Unit stay with us an average of 2-3 days for emergency mental health stabilization. This healthy, productive program is designed to help them improve their social skills and coping methods while encouraging them to strive for a healthier life-style by exercising daily and eating properly.

We are pleased to partner with Ronald McDonald House for the first time on this exciting new endeavor modeled after our successful Crossroads wellness program utilized in adult detox and rehab services.



DONOR PROFILE

Meek Family

The Meek Family, owners and operators of Naples' oldest art gallery the Harmon-Meek Gallery, believe in supporting organizations in the community through their love of art. The family which consists of patriarch and gallery owner William and his wife Barbara and their daughters Juliana and Kristine who recently became co-owners and Assistant Directors, are community advocates and philanthropists who believe in the vital work being done at the David Lawrence Center.

"The Meeks contribution to the art therapy program is helping children resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight."

**– KAREN BUCKNER,
DIRECTOR OF CHILDREN'S COMMUNITY SERVICES**

In addition to regularly supporting and attending our events for the past five years, the Meeks began raising money for at-risk youth and local children's art programs through the Harmon-Meek Gallery Fund at the Southwest Florida Community Foundation. Funds are raised primarily through their Visionaries of the Visual Arts Award and Benefit Dinner now in its third year.

Through funds raised from their first dinner, The Meeks partnered with the David Lawrence Center on the development of a unique, six month pilot art therapy program for at-risk children enrolled in the Community Action Team. The program known as Creative Expressions: Arts for Health and Wellness program provides children and adolescents the opportunity to visit, view, and discuss artwork created by professional artists within a gallery space, and be able to create their own artwork in an art studio. The children learn how artists' express thoughts, feelings, and emotions through the use of line, shape, color, and pictorial metaphors, and practice these learned techniques for themselves. They then process and share their artwork with their DLC treatment team.

What began as a pilot is now beginning its third year and fifth session thanks to the Meek Family's generosity and continued belief in our mission. The Meeks also host the children in their gallery and have provided them access to their artists who have spoken to them about their work. The Meeks have invested \$17,000 to the program and the results have been profound.



ART THERAPY SESSION IN THE GALLERY WITH JULIANA MEEK



REINA LOMBARDI, AIMEE SCHLEHR, KRISTINE MEEK, WILLIAM MEEK, JULIANA MEEK, SCOTT BURGESS, BARBARA MEEK WITH CHILDREN FROM THE ART THERAPY PROGRAM



DARCY TAYLOR, WILLIAM MEEK, SCOTT BURGESS, JENNIFER DENIKE

FACT:

In fiscal year 2014-2015 David Lawrence Center provided 3,070 clinical assessments to children and adults in Admission Services. This represented an 18% increase over last fiscal year.

REGISTER ONLINE TO RECEIVE OUR E-NEWSLETTER:

DavidLawrenceCenter.org

LOCATION & CONTACT INFO



239.455.8500

DavidLawrenceCenter.org

MAIN CAMPUS

6075 Bathey Lane
Naples, FL 34116
Admissions/24-Hour
Emergency Services
239.455.8500

IMMOKALEE SATELLITE SERVICES

425 North First Street
Immokalee, FL 34142
239.657.4434

HORSESHOE DRIVE SATELLITE SERVICES

2806 South Horseshoe Drive
Naples, FL 34104
239.263.4013

CHILD'S PATH PRESCHOOL

3144 Santa Barbara Boulevard
Naples, FL 34116
239.353.4144
ChildsPath.org

ENCORE RESALE SHOP

3105 Davis Boulevard
Naples, FL 34104
239.775.0032
EncoreResale.org



ENCORE NEWS

Full Service, Resale Donations Made Easy

Let David Lawrence Center's Encore Resale Shop take the hassle out of downsizing, redecorating or cleaning out the closet. With our fast, easy pick up and donation services, we can help find a new home for your items that will benefit the one in four local children, adults and families who experience emotional, psychological and substance abuse challenges.

As you know, Encore accepts gently used, high quality, name brand furnishings, housewares, accessories and collectables for every room of the home and designer women's apparel and accessories. No donation is too big or too small. We've seen it all. From a lamp to an entire home! In fact, Encore recently received an entire home's worth of furniture and accessories when a local couple recently purchased a furnished home and they did not have a use for the existing furniture inside. They made a quick call to Encore Resale Shop's Operations Manager Kim Mayeu and she scheduled the free pickup within 24 hours. After the quick, hassle free pickup was complete, the couple was able to move their own furniture into their new home and feel great about making a difference.

If you or someone you know needs help downsizing, remember our free, full service donation services are fast, easy and convenient and your donations are fully tax deductible as a charitable contribution to the fullest extent of the law. Plus don't forget that one hundred percent of the proceeds from Encore provides mental health and substance abuse services for individuals without an ability to pay.