



The Newsletter of David Lawrence Center CENTERED

● \$100,000 DONATED IN HONOR OF CEO'S RETIREMENT



A PHOTO FROM THE ANNOUNCEMENT THAT DAVID SCHIMMEL WOULD REPLACE RON MESERVE AS EXECUTIVE DIRECTOR IN 1989.

In honor of CEO David Schimmel and his wife Debi, an anonymous, generous donor has gifted the Center \$100,000 in appreciation for his years of service to the David Lawrence Center and the mental health community. The gift was made after our beloved CEO announced his impending retirement in February, which will end his 30-year career with the Center.

Schimmel joined DLC in 1984 as Assistant Director and was appointed Executive Director in 1989. He has since formed collaborative partnerships with the community and government leaders to enhance the quality of care for those in need and has invested in the facilities, technologies and staff necessary to provide those services. Under his leadership, the organization expanded from one location to seven; the staff

"Debi and I are very humbled by this generous gift. I may be retiring at year's end, but we will always remain dedicated to furthering our mission."

– DAVID SCHIMMEL, DLC CEO

increased from 30 to 275 employees, with an additional 200 volunteers; and the annual operating budget grew exponentially from \$1 million to \$17 million. As a result, David Lawrence Center touches the lives of more than 30,000 families today.

"David has provided tremendous vision and leadership in moving the Center forward to successfully expand and meet the significant growth of our community in an increasingly difficult fiscal environment," added Pablo Veintimilla, President of the Board of Directors.

With nearly a year to transition to new leadership, a search committee chaired by Board Vice President Douglas Johnson, Ph.D. has been formed and a national search for Schimmel's replacement has been initiated.

Naples Daily News editor Jeff Lytle touchingly stated that, "Via public education and advocacy, Schimmel helped us see the importance of a comprehensive mental-health program to our entire community's quality of life, including public safety. His successor will inherit an organization built and nurtured by Schimmel and visionary, generous David Lawrence Center boards and foundations over the years."

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FOUNDATION
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2013**

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David Schimmel

Christine Williamson

David Lawrence Center is a not-for-profit, 501(c)(3) organization and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. The Center is funded in part by the State of Florida Department of Children and Families (DCF) and the Department of Housing and Urban Development (HUD), Collier County Department of Housing, Human and Veteran Services, and private donations made through the fundraising efforts of the David Lawrence Foundation.

PROGRAM NEWS

Crossroads Adds Art Therapy

Clients in the Crossroads adult residential substance abuse treatment program will now benefit from a new creative, expressive art therapy program designed to help them access their innermost selves. This is one of several program enhancements made to the Crossroads treatment services in the last year with the goal of creating the best opportunities to attain life-changing wellness. Additional alternative methods implemented include yoga, equine-facilitated psychotherapy, tobacco cessation groups, as well as enhanced aftercare and family support services.

Art therapy provides an opportunity for clients to explore feelings, fears and desires in forms other than words and to process them in a healthy way. The creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop



interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.

The registered art therapist, who is also a licensed mental health counselor, helps clients look deeper into their inner world through symbols evoked in their artwork. This process allows substance abuse treatment to address areas that otherwise may not be addressed in standard therapies. Clients find themselves able to express feelings and emotions that they may have found difficult to express in individual or group therapy.

SUCCESS STORY



Dear David Lawrence Center Crossroads staff:
I want to thank you for giving me my son Clinton back. He attended your program several months ago, and returned to me the sober wonderful person he was before drugs took over.
He returned home, continues to go to meetings, has kept many of the friends he made during his time in your program, got a job, and stays clean. I have no doubt you saved a life. Thank you, to me you are all angels.
Can't tell you how many times I thought I'd get a call, or open the door and someone would tell me he was dead from an overdose. You all returned a future and hope to us. Thank you.
Many try to tell me that he finally grew up, that he hit bottom, that he was ready this time, I truly believe it was your program and the staff that finally made the difference. Thanks for the life changing opportunity.
Sincerely,
Clint's Mom, Tomi LaFrimier



BOARD MEMBERS DOUG JOHNSON, DANIEL MENDOZA, PABLO VEINTIMILLA, BRIAN MCAVOY, ART CHERRY, PATT FRANCIOSI, CATHERINE FAY, JACK FINGERSH, WILLIAM O'NEILL, ED SHERIDAN AND KELLY TOWNSEND ARE CELEBRATED FOR THEIR SERVICE AT A BOARD MEETING.

NATIONAL VOLUNTEER WEEK

Volunteers selflessly give their time, energy and passion to our organization in many diverse ways and ask for nothing in return. They provide thousands of hours to assist us in many of our

"We make a living by what we get, but we make a life by what we give."

– WINSTON CHURCHILL

endeavors throughout our lines of business including support in the following areas: clinical, administrative, facilities, board management, advocacy, fundraising, special events and the Encore Resale Shop.

National Volunteer Appreciation Week, celebrated every April, gives us an opportunity to show our volunteers our gratitude for their commitment to our mission. Throughout the week, our volunteers were showered with token gifts of appreciation.



DAVID SCHIMMEL PRESENTS BRUCE MCAUREWS AN HONORARY BRICK PAVER FOR THE ALUMNI ASSOCIATION.



ENCORE MANAGER CHARLENE DAILEY SHOWS HER APPRECIATION FOR VOLUNTEERS THOMAS GALLAGHER, GARY LUNDBORG AND MARK BOLLINGER.



KRISTEN MEEK, MAUREEN SULLIVAN-HARTUNG, JULIANA MEEK AT THE VOLUNTEER APPRECIATION BARBEQUE.



Grant News



Collier County Housing, Human and Veteran Services HUD Grant - \$180,000

Funding for the Crossroads "Access 2 Wellness" project designed to increase access to intensive substance abuse treatment and improve overall health and wellness for high need, low-income adults with chemical dependency.



CINDY SHANNON, HONORABLE JANEICE MARTIN, DAVID SCHIMMEL, JAY FRESHWATER

Bar Association Grant - \$2,500

Funding for recovery incentives for the Collier County Drug Court Program to provide token rewards for compliance with the purpose of shaping participant behavior that support drug court goals and other positive behaviors.

David Lawrence Center SPECIAL EVENTS



CHASE GRIMES, COLBY ROBERTSON



LUIS AND EMILY NARANJO



JASON PHILIPS, KRISTIN NADOLSKI



STEPHEN WHEELER, AJ KRAUSE, ALEX KEHOE, BRIAN BENSON



WHITNEY HALL, ALLISON DURIAN, DANIELA NEEDLER

DAVID LAWRENCE CENTER YOUNG EXECUTIVES

Wish List Friendraiser

The David Lawrence Center Young Executives held a Wish List Friendraiser at Blue Martini in March. As a generous Corporate Partner, Blue Martini provided free appetizers and one drink ticket to every guest that donated items on the DLC Wish List. The wish list consists of items that children and adults in inpatient, residential, housing and community-based programs need on a regular basis. Nearly 100 people came to support the effort, hear about DLC programs and services and learn more about the activities and purpose of the Young Executives mission to build awareness for David Lawrence Center and Foundation. Roughly 400 items were collected ranging from art supplies and hygiene products to cleaning supplies and journals.

SAVE THE DATE

SUNSET CRUISE FOR MENTAL HEALTH JUNE 20, 2013

The DLC Young Executives will host its 2nd Annual Sunset Cruise for Mental Health on June 20, 2013 from 6:30 p.m. to 9:00 p.m. aboard the Naples Princess at 550 Port O Call Way in Naples.

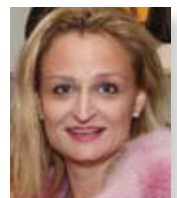
The event is open to anyone with a passion for supporting mental health awareness and helping others. The evening will feature a fun, festive atmosphere, music, hors d'oeuvres and drinks.

Proceeds from the cruise will benefit the David Lawrence Center programs and services. Tickets are \$35 until May 10th, \$45 until June 19th, and \$50 the day of the event.



SIGNATURE GALA JANUARY 17, 2014

The David Lawrence Center and Foundation signature, destination themed annual gala co-chairs have officially been named. Board member Caryn Hacker-Buechel and longtime gala supporter and committee member Amanda Jaron have joined forces to put together an amazing, creative and elegant evening and have already been hard at work. They invite you to save-the-date of Friday, January 17, 2014 at 6:00 p.m. The new location of the Ritz Carlton, Naples Golf Resort is the first of many exciting announcements to come. If you are interested in joining the gala committee, please call 304-3505.



AMANDA JARON



CARYN HACKER-BUECHEL

For sponsorship or ticket information, visit DavidLawrenceCenter.org or call (239) 304-3505.

David Lawrence Center SPECIAL EVENTS

Travel Showcase

Preferred Travel of Naples founder and CEO Wilma Boyd and her team of more than 50 domestic and international travel specialists hosted the seventh annual travel showcase, Creating Timeless Travel Memories. Nearly 500 people attended helping raise \$19,000 for David Lawrence Center's children's programs. As a DLC supporter, please help us show our appreciation to Preferred Travel by booking your next travel adventure with them. For more information, call them at 261-1177 or visit PreferredNaples.com.



**PREFERRED
TRAVEL**
OF NAPLES INC.

Next to Normal Talks with Dr. Haltzman

In order to bring awareness to the ideas, themes and performances of the musical Next to Normal, David Lawrence

Center and Theatre Zone partnered in several events during the performance schedule. Nearly 75 people attended the opening reception generously hosted by Lou Drackett and included a book signing and talk with our adult outpatient staff psychiatrist Dr. Scott Haltzman. There was also a talk back with Dr. Haltzman and the actors following one of their matinee performances with more than 150 guests. During each of the performances, there was a 50/50 raffle that benefited the Center helping to raise nearly \$700.



WILMA BOYD, DAVID SCHIMMEL,
POLLY KELLER



WILMA BOYD, COMMISSIONER
DONNA FIALA, JERRY NICHOLS



MOE KENT, MARK DANNI,
KAREN KAYSER BENSON



STEPHEN WHEELER, CATHERINE FAY,
BILL O'NEILL



BRAD HEIGES, SUE RAPANOS,
TERRY PORCELLI



GAIL WEBSTER, LIN PATTISON,
JOAN SHIPMAN



KAREN KAYSER BENSON, CONNIE
BRANSILVER, LOU DRACKETT,
DOT KENT



CARYN HACKER-BUECHEL AND
DR. SCOTT HALTZMAN

FACT:

Funding behavioral health services is one of the most effective investments of public dollars. Untreated and mistreated mental illness costs the United States \$105 billion in lost productivity and \$8 billion in crime and welfare expenditures each year. For every \$1 invested in mental health treatment, \$3.68 is saved in reduced criminal activity and hospitalizations.

Planned Giving

CHARITABLE GIVING THROUGH YOUR IRA

Did you know that if you are over the age of 70½, you may make a tax-free rollover of up to \$100,000 from your individual retirement account (IRA) to a public charity?

THE AMERICAN TAXPAYER RELIEF ACT OF 2012 (the 2012 Tax Act),

Congress reinstated the ability to make direct qualified charitable distributions (QCDs) from your IRA, in amounts up to \$100,000 by IRA owners who are at least age 70½ years of age. We are alerting you to this important gifting opportunity because, under current law, it is set to expire again at the end of 2013.

If you are age 70½ or above, the "IRA Charitable Rollover" provision would allow you to treat the charitable transfer as a "tax-free" withdrawal. In other words, the amount transferred to the charity via an IRA Charitable Rollover **will not** be included in your taxable income **or** taken into account in determining the availability of a charitable deduction for other charitable contributions made during the tax year in which the IRA Charitable Rollover is made. Moreover, the amount transferred to charity will be taken into account in determining whether the required minimum distribution rules (relating to distributions from qualified retirement plans) have been met.

MARY BETH CRAWFORD, ESQ.

PRINCIPAL CUMMINGS &
LOCKWOOD, LLC

CHAIRMAN OF THE DLC
PLANNED GIVING
COMMITTEE



IRA CHARITABLE ROLLOVER CAVEATS WORTH MENTIONING:

1. There is a very limited "window of opportunity" – The IRA Charitable Rollover provision is set to expire at the end of 2013 (again!).
2. To qualify as an IRA Charitable Rollover, all transfers must be made **directly** from the IRA to the charitable organization. In other words, the check must be payable directly to the charity.
3. The IRA Charitable Rollover is only available for donors aged 70½ and up.

In addition to making lifetime gifts to the charity through your IRA, there is a significant estate tax benefit to name a charity as the beneficiary of your IRA. The charity will not pay any income taxes attributable to the receipt of retirement assets while a non-charitable beneficiary will be responsible for income tax when taking distributions from the IRA. In addition, there is a charitable deduction for assets passing to charity for purposes of the estate tax.

For more information on how you might be able to make an IRA Charitable Rollover for the benefit of the David Lawrence Center & Foundation, please contact Stephen Wheeler, Chief Development Officer, at 354-1416.



ROLLOVER!
Good Dog.

David Lawrence Center will be your new "best friend" when you realize the tax benefits you receive by rolling over your IRA to the Foundation.

ISSUES & ANSWERS

About Wellness

For more than 60 years, Americans have celebrated the observance of Mental Health Month in May as an opportunity to reach millions with a unified message about mental health awareness. This year's theme is Pathways to Wellness, which is a call to action for Americans to identify strategies that work for themselves individually to attain better overall whole-person health and wellness.

Wellness is defined as "an active process of becoming aware of and making choices towards a more successful existence." Wellness can be many things, but it generally includes the pursuit of complete physical, mental and social wellbeing and working towards achieving one's full potential.

Taking good care of your body and mind can make a difference in how well you do in your day-to-day life and how well you manage change. Exercising, eating right, getting enough rest, finding ways to reduce stress and relaxing will not only set you on the right path to wellness, but also help you achieve and enjoy daily activities more and improve how you deal with life's challenges. Caring for yourself may take a little extra time, but you will feel better and more successful.

YOUR PATHWAY TO WELLNESS CAN BE:

- Obtaining good health
- Getting routine health screenings
- Saving more money
- Laughing more
- Enjoying healthy relationships
- Being good to yourself
- Showing gratitude
- Sleeping 7-9 hours a night
- Cutting back on alcohol consumption
- Keeping good friends close
- Taking care of your community
- Eating one less cookie
- Looking for a new job
- Learning how to let go
- Walking instead of driving
- Playing with your pet
- Spending the day at the spa
- Eating fresh fruit from your own garden
- Mastering a difficult yoga pose
- Staying positive
- Connecting more with others
- Quitting smoking
- Drinking less coffee
- Writing down your problems



Mental health conditions are real and prevalent in our nation. With global awareness of mental health issues, a concentrated focus on prevention and wellness and appropriate access to treatment, people with mental health conditions can recover and lead full, productive, happy, healthy lives.

— SOURCE: MENTAL HEALTH AMERICA



CENTER NEWS

New Detox Unit Construction Underway

Now that the new Crisis Stabilization Unit is open, construction on the Tim Hermann Adult Detoxification Unit expansion has begun. In order to impact operations as minimally as possible, the Acute Care Expansion was done in three phases. Acute Care houses the Children's and Adult Crisis Stabilization Unit, Emergency Services Assessment Center and the Detoxification Unit which all share the same waiting room. The Unit will expand from 12 to 15-beds and reside in a completely renovated space. The state-of-the-art, therapeutic environment will include a larger common area, additional treatment space, new furniture and a serene interior design. The new Unit will open this summer.



FOUNDATION UPDATE

Help Pave the Way for Life-Changing Wellness

Please consider making a contribution to our **Neighbor2Neighbor** Annual Fund Drive and continue to be an integral part of our success stories. In honor of Memorial

Day, we invite you to become a permanent part of the new Acute Care Building. Any gift of \$100 or more will receive a commemorative brick paver at the new front entrance of this beautiful, new treatment space. Help pave the way towards positive, life-changing wellness and leave a lasting impression in this community. To make a donation, call 354-1434.

REGISTER ONLINE TO RECEIVE OUR E-NEWSLETTER:

DavidLawrenceCenter.org

LOCATION & CONTACT INFO



239.455.8500

www.DavidLawrenceCenter.org

MAIN CAMPUS

6075 Bathey Lane
Naples, FL 34116
Appointments/24-Hour
Emergency Services
239.455.8500

IMMOKALEE SATELLITE SERVICES

425 North First Street
Immokalee, FL 34142
239.657.4434

HORSESHOE DRIVE SATELLITE SERVICES

2806 South Horseshoe Drive
Naples, FL 34104
239.263.4013

EMPLOYEE ASSISTANCE SERVICES

3400 Tamiami Trail North
Suite #204
Naples, FL 34103
239.435.0400
www.EASofSWFlorida.com

CHILD'S PATH PRESCHOOL

3144 Santa Barbara Boulevard
Naples, FL 34116
239.353.4144
www.ChildrensPath.org

ENCORE RESALE SHOP

3105 Davis Boulevard
Naples, FL 34104
239.775.0032
www.EncoreShops.org

ENCORE NEWS

Volunteer's Creativity and Ingenuity Helps Increase Sales

The Encore Resale Shop displays a wide variety of fine, gently used furniture donated from the community. Some pieces sell better and faster than others. For the ones that aren't moving as quickly as we'd like – sometimes all it takes is a little TLC and creativity to make them sell like hot cakes.

With the ingenuity of one of our seasoned, dedicated and handy volunteers, Mark Bollinger, some of the pieces that were collecting dust have undergone transformations that are increasing sales and space on the floor – making plenty of room for your next donation.



Mark is refurbishing donated armoires and other materials into "Barmoires". He originally took it on as a leisurely project, but has since made five in the last year – each taking about 15-hours to create. These stylish, stow-away mini bars are equipped with mirroring, lighting, a wine or glass rack, a base made of granite, marble or glass and, if space allows, can house a wine cooler. He tailors the beautiful designs to each individual armoire in a way that brings out a whole new character and appeal, which is apparent in the sales it has brought in totaling as much as \$750 a piece.

Mark's creative refurbishments have been a "fun outlet" in his mission to support mental health. You too can support mental health by visiting Encore and donating your furniture or by making a purchase. There are only two one-of-kind, handcrafted "Barmoires" left on the lot as Mark heads north for the summer, so get them while they are hot!



MARK BOLLINGER