

#Stand Up – Daniel Dean

There are ill people, and they can get blindsided,
They aren't given much attention, they need to be highlighted,
Your favorite celebrity might not have an illness but Einstein did,
He had some symptoms of ASD,
If I was your favorite person with an illness, would you still say hey to me?
My mom, she works at the David Lawrence Center,
She works with the mentally ill, I guess she's kind of like a mentor,
They all need some TLC, care that's loving and tender,
They need some attention, but don't need to be the center,

They think different, but they are the same,
They feel different, but still feel the pain,
So #Stand Up, is what I proclaim,
Mental Health awareness, is what I aim to raise,
People look down on them, give a dirty gaze,
They don't deserve that, but they deserve some praise,

It's the highly-developed, well-equipped, intelligent,
You're a target if you're soft, pastel or delicate,
And if your class isn't upper class, then it's like your opinion is irrelevant,
Don't forget that impossible is nothing, your environment's irrelevant,
There's hate in every corner, even the parents, they could be negligent,
You don't know what they feel, they could have the memory of an elephant,
Some of them have developmental issues that prevent them from being eloquent,
People get bullied over sp-sp-sp-speech impediments,

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People speak about a geek as if it were a stigma,

Open up your eyes, let's banish this enigma,

People shouldn't be judged based just on their charisma,

Some people are abusing substances but it might not be showing through,

Stigma needs to be reduced because most don't know what they're going through,

Gentleness and propriety is rare in this society,

Some people have anxiety so they're not saying "Be kind to me."

Reducing stigma and raising awareness about mental health is a top priority and I'm just being frank, but I don't keep a diary,

Focus on the positive and choose your words carefully,

Including everyone should be an action that goes by involuntarily,

Sampled:

- **Ear Drums Pop (Remix)** by Dilated Peoples

It's the highly-developed, well-equipped intelligent,
You're a target if you're soft, pastel, or delicate,

- **The Morning News** by Chamillionaire

And if your class ain't Upper Class, then your opinion is irrelevant,

- **Slide Show** by T.I.

Don't forget that impossible is nothing, you're environment's irrelevant

- **The Geeks Shall Inherit The Earth** by Electric Funstuff

People speak about a geek as if it were a stigma,

Open up your eyes, let's banish this enigma

Partly Sampled:

- **Englishman in New York** by Sting

Gentleness, sobriety are rare in this society