

Therapeutic Behavioral On-site Services (TBOS)



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are intensive clinical therapy, behavioral management and therapeutic support services utilized to address complex emotional and behavioral issues. These services are coordinated through individualized treatment teams that include the child, adolescent or young adult, the family and TBOS clinician as well as other providers and organizations, as appropriate. Family involvement is an important component of treatment success for the individual and family. TBOS services are intended to maintain the youth or young adult in the home and prevent the need for placement in a more intensive and restrictive behavioral health setting. The average length of treatment is six to twelve months.

When clinically appropriate, services may include:

- In-depth clinical assessment
- Individual and family therapy
- Treatment planning
- Case management
- Crisis support and intervention
- Discharge and aftercare planning

Eligibility Criteria Include:

- Individuals under the age of 21 years old
- Diagnosed with a behavioral disorder, a cooccuring mental health and substance use diagnosis, or a mental health diagnosis
- Exhibits symptoms and behaviors that substantially interfere with or limit the role or ability to function in the home, school, or community
- The individual's condition and functional level cannot be improved with a less intensive service
- May be at risk for more intensive and restrictive behavioral health placement

Horseshoe Drive Location

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To learn more about the TBOS program, please contact: Supervisor: Frances Crowley • Mobile: 239.451.0493